



## Newsletter - Term 3



Wow! It's crazy to think that Term 3 is here.

We have some staff changes this term. Leah from the Sunshine room has resigned to work in our partnering service All Saints Preschool in administration. The replacement staff are all known to our service and in most cases permanent staff have changed rooms, or working extra days. If you need anything this term please don't hesitate to contact myself.

We thank you for your continued partnership with us and hope this term is a wonderful time of learning and discovery.

I am sure you have enjoyed receiving your child's learning emails during week 1. The staff enjoy sending you regular snap shots of all the wonderful skills your child is developing in. This term emails focus on Literacy and Mathematics.

I have attached a document to assist your child's writing. Please continue to encourage lower case letters and only use capitals for the first letter of your child's name. The document also encourages were to start writing the letter. We can laminate you a copy for a small fee. Please see the office if you would like a sheet.

Julie Irving  
Teacher / Director

### Day Sheet

Hopefully you've all noticed that both classrooms have a Day Sheet on display each day. This helps you to get a taste of some of the great things which have been going on for your child. Please make sure you stop and check it out. We always value your input into our program, so any comments and feedback are greatly encouraged!

### Dates coming up this term

**Book Week**—Monday 21<sup>st</sup> August to Friday 25<sup>th</sup> August

**Father's Day Night**—Wednesday 30<sup>th</sup> August

### Fees

Just a reminder that if you are paying fees in full for the term, payment is due by the end of Week 3. Friday 4<sup>th</sup> August.

### Sun Smart

Getting the right amount of Vitamin D is important for our children. The Cancer Council have recently released updated information which recommends that on most days of the week children need the following minimum amount of sun exposure to their hands, arms and lower legs:

- From October to March— 10 minutes
- In April, May, August and September— 15 minutes
- In June and July— 30–40 minutes.

It is also important to consider the UV ratings of the day, not just the temperature. On days when the UV rating is 3 and above (which can occur on a cool and cloudy day) adequate sun protection is advised for adults and children.

To see the days UV protection and track your vitamin D intake, download the free SunSmart App for smartphones, or visit [www.bom.gov.au/nsw/uv/index.shtml](http://www.bom.gov.au/nsw/uv/index.shtml). Your children enjoy checking the app each day at preschool.

### Save the Date

We know that December gets very busy with Christmas parties, dance concerts, sporting events and so on. This year's Preschool Christmas Concert will again be performed at the Dapto Community Carols on **Saturday 2nd December**. Please set the date aside now.

### W-Sitting

Have you ever noticed how your children sit on the floor and position their legs? Some of you may have noticed your child sitting in a 'W' type position with their legs behind them. It could be doing them long term damage. Check out this article from the 'Early Intervention Support' website called "What's Wrong with 'W' Sitting in Children? It's worth a read. To find it go to [www.earlyinterventionsupport.com](http://www.earlyinterventionsupport.com)

## Woolworths Earn & Learn

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school - and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 26<sup>th</sup> July to Tuesday 19<sup>th</sup> September or while stock lasts, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at Dapto Woolworths.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students - including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more visit [woolworths.com.au/learnandlearn](http://woolworths.com.au/learnandlearn)

## Kindergarten Expo

This year the local public primary schools in the Dapto Learning Community: Dapto Public School, Hayes Park Public School, Lakelands Public School, Mount Brown Public School and Koonawarra Public School are holding a Kindergarten Expo to celebrate public education for new parents and families looking to enrol their children into kindergarten for 2018.

We would like to extend the invitation to you to come along and find out some information to support you and your children with their transition to school. On the night, there will also be a representative from Big Fat Smile's 'Include Me' project to share some tips and tricks for transition to school.

The night is a great opportunity to meet and collaborate within the Dapto Learning community. We understand that your child may not be attending one of these schools however, the Kindergarten Expo is an opportunity to ask your questions about transition to Kindergarten. We hope the night supports you with your children's transition to school and highlights some of the expectations of kindergarten.

**When:** 7<sup>th</sup> of August, 2017 in Week 4.

**Where:** Dapto Ribbonwood Centre in the Kurrajong Room 1 and 2.  
93- 109 Princess Highway, Dapto, 2530

**Time:** 6pm - 8pm

We hope you can come along and look forward to seeing you there! Saint Luke's will be sending some teachers on the night to support you and celebrate the Dapto Learning Community. If you have any further questions do not hesitate to ask.

Thank you

Liz Warton on behalf of the teaching staff at St Luke's.

UOW PPP Student.



THE  
SMALL  
LETTERS

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